



OSTEOPATHIC
PHYSICIANS OF
ORANGE COUNTY

Dear Patient,

Please bring this completed paperwork with you for your appointment.

*Due to patients' allergies, no cologne or perfume.

*Please dress in loose fitting clothing such as: sweats or shorts. No skirts, dresses or jeans.

*Please bring any hospital records or reports, labs, x-ray reports and actual films (x-rays) if possible. Also bring a complete list of any medications, supplements or herbs you are taking including the dosing and quantity.

*For questions or directions, please refer to www.dynamicosteopathy.com or you may call the office.

*Other sources of information on osteopathy include other web sites or books:

- Osteohome.com
- Osteodoc.com
- Osteopathiccenter.org
- Cranialacademy.org
- [Touch of Life](#) by Robert Fulford
- [Spontaneous Healing](#) by Andrew Weil (specifically chapter 2, but it is a good read overall)

*Please cancel 48 hours in advance, otherwise a fee will be charged.